

Prifysgol Wreccsam Wrexham University

Module specification

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Module Code	COU520
Module Title	Supervised trainee counselling practice (2)
Level	5
Credit value	20
Faculty	Social & Life Sciences
HECoS Code	100495
Cost Code	GACG
Pre-requisite module	All Level 4 Modules (Diploma of Higher Education in Counselling)

Programmes in which module to be offered

Programme title	Core/Optional/Standalone
Diploma of Higher Education in Counselling	Core

Breakdown of module hours

Learning and teaching hours	38 hrs
Placement tutor support hours	10 hrs
Supervised learning hours e.g. practical classes, workshops	0 hrs
Project supervision hours	0 hrs
Active learning and teaching hours total	48 hrs
Placement hours	50 hrs
Guided independent study hours	152 hrs
Module duration (Total hours)	200 hrs

Module aims

Students will continue clinical practice placements during this module. This will include working in placement and accruing client contact hours towards the required total of 100 clinical placement hours. Students will participate in clinical supervision external to the University as well as Clinical Practice Improvement (CPI) groups to develop their ability to critically reflect upon clinical practice, and to utilise session recordings and transcripts to aid reflection on their ability to put theory into practice.

Module Learning Outcomes

At the end of this module, students will be able to:

1	Critically evaluate part of a clinical recording from a client session on placement.
2	Demonstrate an ability to integrate theory, practice, personal development and competent ethical practice
3	Demonstrate an ability to handle challenging issues arising within the therapeutic relationship and manage these autonomously.
4	Critically assess own areas for development and options to address these.
5	Demonstrate the ability to keep and manage appropriate professional records to provide supporting evidence of successful completion of counselling placement of 100 hours through a professional portfolio and log of practice evidence.

Assessment

Indicative Assessment Tasks:

Assessment 1: Portfolio of evidence: Practical clinical skills assessment, 50-hour and 100-hour supervisor reports, log of placement hours signed by supervisor, log of supervision sessions signed by supervisor (minimum 1.5 hours per month contracted to happen at least fortnightly), satisfactory report from PD facilitator demonstrating purposeful and appropriate engagement, placement pack evidence signed by placement provider; supervisor, student and University signatory (programme leader, placement manager, module leader or tutor).

Assessment 2: Readiness for Professionalism Tape: A final recording of a 50-minute session with a client from placement, will be presented. A 20-minute section will be transcribed and played to tutor team and minimum 3 peers. Tape must be at level 5 and above on the PCEPS scale to pass. This will then form part of the portfolio assessment.

Attendance: attendance and participation are requirements of the course because they evidence the number of training hours received for potential future individual accreditation with professional bodies.

Assessment number	Learning Outcomes to be met	Type of assessment	Duration/Word Count	Weighting (%)	Alternative assessment, if applicable
1	2, 3 & 5	Portfolio	N/A	100%	N/A
2	1 & 4	In Class Test	N/A	Pass/Fail	N/A
3		Attendance		Pass/fail	N/A

Derogations

N/A

Learning and Teaching Strategies

This module adheres to the Active Learning Framework (ALF), supporting learning through a blend of experiential, reflective, and practice-based activities. Students participate in community or home groups, clinical supervision and practice-development sessions, and engage with audio recordings alongside transcript work and group discussion to deepen their clinical understanding. Independent reading, reflection, optional journalling, and personal therapy or support activities help students integrate learning with personal and professional growth. Key components include completing the readiness-to-practice exercise, undertaking a clinical placement with accompanying personal clinical supervision, and participating in personal development groups, all of which are supported by regular tutorials and ongoing guidance.

Welsh Elements

Students can present assessed and non-assessed work in Welsh, and can access all forms, resources, and email correspondence in Welsh where preferred. Students are also able to undertake personal tutorials and, where applicable, work placements through the medium of Welsh. All module information aligns with the Welsh language expectations set out in the programme specification, and appropriate support is available to ensure students can fully engage with the module in their chosen language.

Students are also encouraged to practice their counselling sessions in the medium of Welsh.

Indicative Syllabus Outline

- Ethics Groups
- Practice Groups
- Casework discussion groups

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update. Please refer to the Module handbook for relevant academic year for the latest reading list.

Essential Reads

Mearns, D. & Thorne, B. (2013) *Person-Centred Counselling in Action*. (4th edn). London: Sage Publications Ltd

Mearns, D. & Cooper, M. (2005) *Working at Relational Depth in Counselling and Psychotherapy*. London. Sage.

Reeves, A., & Bond, T. (2021) *Standards and ethics for counselling in action* (5th edn). SAGE.

Sanders, P. (2003) *The Tribes of the Person-centred Nation: A Guide to the Schools of Therapy Associated with the Person-centred Approach*. London. SAGE.

Tudor, K. (2008) *Brief Person-Centred Therapies*. London: SAGE

Electronic resources are made available via the VLE for each module. These include links to video clips, presentations and lecture / seminar handout as well as digitised texts where appropriate.

Other indicative reading:

Bor, R. & Watts, M. (2011) *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees*. (3rd edn). London. Sage

NCPS Ethical Framework available to download: <https://ncps.com/about-us/code-of-ethics>

Administrative Information

For office use only	
Initial approval date	April 2026
With effect from date	September 2026
Date and details of revision	
Version number	1.0